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The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 26—No. 29

The Journal, Coleman, Alberta Wed., Oct. 17, 1956

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Crows Nest Pass Bowling League Reorganized

On October 9, 1956, at 8 p.m. many conscientious and interested bowlers, met in the Grand Union hotel in room zero to reorganize properly, the Crows Nest Pass Bowling League.

The meeting commenced by nominating candidates to fill the various offices. Mr. Tom Lamont, Bellevue, now sits in the presidents chair, elected by acclamation. The vice-president is Mr. Fiore Berlin, elected by an entire vote of confidence. Mr. Brian Park, who successfully filled the office of secretary-treasurer last year, again fills it this year with a few more duties attached.

The next problem, perhaps, the most important one, that the congregation coped with were the setting down of rules on which the league would function properly. This was effectively done in a motion to accept the rule book of the Calgary Five Pin Bowling Association, adopted in 1952. In addition, several by-laws were adopted to eliminate any possibility of quarrelling that would cause ill-feeling among bowlers who supposedly come for an enjoyable evening.

A few of the rules and by-laws are:

- 1—Form a board of directors to settle disagreements and disputes.
- 2—Six players registered and five playing in one game.
- 3—One dollar per team paid towards prizes for every set of three games that the team is scheduled.
- 4—Registration fee of \$3 per team.
- 5—At least two ladies must be on a team.
- 6—Two-thirds handicap to teams with a lower average than the team they play.
- 7—Prizes given to ladies and men for high singles, high average and high three.
- 8—Largest prize to the winning team of the league.

Judging from the teams already entered in the league, there seems to be very much enthusiasm for a successful and enjoyable league. The league is now organized satisfactorily and if all rules and by-laws are followed, bowling will be a recreational activity worthwhile to those who want some fun and exercise.

The teams that are entered in the league to date are:

Dynamo, Firemen, Grand Union, Rookies, Hank, Silma, Zeros and Art Jublin.

Any bowlers who wish to enter a team must do so before October 24th. On this date another meeting will be held in the Grand Union Hotel at 8 p.m. to register all players and to get everything up to date for the starting of the league.

It is hoped that Blairmore and Hillcrest will be represented in this league because they are the only towns not represented from the Crows Nest Pass. Any interested players can contact any of the officials or be personally present for the meeting October 24.

So, will all players intending to bowl this winter, please be present so that you can register with the team you wish to play with. Thank you. Be seeing you.

LEAGUE REPORTER.

Senior C. Y. O. Hold Meeting

The Coleman Senior C. Y. O. Organization held their first meeting of the year on Sunday Oct. 14. Officers elected were: President - Ladik Tymchyna Vice-President - Lorna Dancoine Secretary-Treasurer - Doreen Siaka

A Catholic rally will be held on Sunday evening, Oct. 28th, in the Coleman C.Y.O. Hall. All High School aged Catholic members of the Pincher Creek, Hillcrest, Blairmore, Blairmore, Michel-Natal and Coleman parishes are invited. Hilda Smith and Helen Wavrecan were appointed as head of food and social committees respectively for that evening.

Coleman Old-timer Passes

Charles John MacQuarrie passed away October 12 in the Crows Nest Pass Municipal Hospital after a brief illness.

Born in 1889 at Strathmore Rd., Inverness, Cape Breton Island, Nova Scotia, he farmed for 13 years in Southern Saskatchewan and then came to Coleman where he resided for the past 32 years. He worked as a miner at the International mine for 28 years.

Deceased was an active member of the United Church and served as an elder for 30 years. He was a member of the U.M.W.A.

Leaving to mourn his passing besides his wife Mary are 4 brothers and two sisters; one son Allister MacQuarrie of Coleman; 3 daughters, Joan, Mrs. Mel Dunford of Coleman; Anna, Mrs. Ron Jenkins of Cranbrook; Della, Mrs. Ted Malone of Natal, N.C. and eight grandchildren.

A son Weslie died in France in 1944 in World War II.

Funeral services were conducted from St. Paul's United Church, Coleman by the Rev. Rod MacAulay on Sunday afternoon with interment in the Union Cemetery.

Upland Game Season Opened Monday

Monday, October 15th, the upland game season opened in Alberta with expectations of a good season for Southern Alberta hunters. Reports show there is a widespread confusion among hunters and land owners, farmers and ranchers, as to how the new regulations will apply to them.

Regulations state no person shall hunt big game or bird game upon or over occupied land without consent of the owner or occupant. Occupied land means privately owned lands under cultivation or enclosed by a fence of any kind and upon which or adjoining which the owner or occupant is actually residing.

Under the new game regulations it is not necessary for the owner to post lands, as they have as much protection without. The only reason now for posting land is when the land owner does not want any shooting whatsoever, he continued. Then the land becomes virtually a game preserve.

To be legal, signs must be at least 10 inches by 14 inches in size, be prominently placed at each corner of the land and at each gate giving access to the land, and must bear the words "no shooting" or "no hunting". The lettering must be of black with white background.

When land is posted no person is permitted to hunt big game or game birds on the land. Notwithstanding the foregoing provisions any person may enter upon occupied or other lands for the purpose of pursuing wounded game.

Monday the season opened on Sharp-Tail Grouse, Ruffed Grouse and Spruce Partridge, Hungarian Partridge and Ring-Necked Pheasants. Season on the birds closes November 30 except for pheasants which will close Nov. 17 in northern Alberta only.

Hag limits are five per day of each. Provided, however, that no person shall have in his possession at any one time more than 25 birds of any one species.

Hunting of upland game birds before 8 a.m. daily is prohibited.

Ministerial Association Organized

At a meeting held in Blairmore on October 15, the Crows Nest Pass Ministerial Association was organized. Meetings will be held regularly on the third Monday of each month. Ministers were present from Anglican, Baptist, and the United Churches representing Pincher Creek, Cowley, Bellevue, Hillcrest, Blairmore and Coleman. Ministers from Fernie have indicated their interest also, as have the clergy of several other denominations, but these were unable to attend the meeting. Several problems of mutual interest were discussed, and officers were elected.



Over the clouds to England to compete for the world champion plowman title go these members of the Canadian team (left to right) Robert Timbers, 29, of Stouffville, Ont., and Edwin Demman, 23, of Portage la Prairie, Man., with their team manager, Russell Beilhart of Bruce Station, Ont., former president of the Ontario Plowman's Association.

The young farmers won the right to represent Canada at the fourth annual World Plowing Match (the plowman Olympics) being held at Shillington, near Oxford, England, on October 12. Timbers and Demman captured first and third places respectively, in the Esso Silver Plow contest at the 1955 International Plowing Match held at Blythwood, near Leamington, Ont. Their overseas trip is sponsored by Imperial Oil.

As well as competing, the Canadian team will participate in ceremonies in connection with the unveiling of a cairn by the Duke of Gloucester, uncle of Queen Elizabeth, to mark the site of the world match. The cairn will include stones from the 14 competing countries. Each stone will be engraved with the name of the country of origin. Similar cairns have been unveiled at Cobourg, Ont., site of the first world's match in 1953 and at Upsala, Sweden. Following the match the overseas plowmen will tour England, including a visit to the Queen's farm at Windsor.

Coleman Merchant Passes After Long Illness

Death claimed another resident on Thursday, October 12, when Stephen Bencko, 50, passed away in the Crows Nest Pass Hospital after a lengthy illness.

Born in Czechoslovakia, he came to Canada, first settling in Lethbridge. He came to Coleman in 1928, where he worked in the McGillivray Mine.

He later quit the mine and opened a shoe repair and clothing store which he operated for 18 years.

Deceased was a member of the Elks Lodge, the Slovaks Society, and was of the Catholic faith.

He is survived by his wife Mildred; two daughters, Dianne and Elaine; one sister in the United States and several relatives in Czechoslovakia.

On Sunday afternoon, funeral services were conducted in the Holy Ghost Church, with Father D Fleming officiating. Interment was held in the Catholic cemetery.

Mayor Abousafy On New Health Unit Board

Mayor Abousafy has been appointed a representative of Ward 7 for the Pincher Creek, Port Macleod Health Unit Area.

The Town of Coleman will conduct a census to be completed by Nov. 1. The Dominion Census taken during the summer shows approximately 1600 people living in Coleman. A town census taken some time ago showed 1800. That was when the population was at its estimated lowest. The Dominion census was taken when considerable numbers of citizens were away on holidays.

Coleman Lad Suffers Injury

Alex Kinnear, son of Mr. and Mrs. J. Kinnear, Jr., received a cracked vertebrae when a Volkswagen in which he was riding with two other lads from Banff, backed over an embankment and fell 30 feet, landing on its top.

They were rushed to the Banff Hospital where it is expected that Alex will be confined for at least two weeks.

Alex was employed by the Square M Construction Co. at Banff.

Mr. J. Kinnear, Jr., accompanied by his parents, Mr. and Mrs. J. Kinnear, Sr., left for Banff to see him.

Teachers Conference To Be Held

Invitations are being mailed today to all provincial groups — professional labor, agriculture, service organizations, business and industry — to a second provincial conference on teacher recruitment and retention. The one-day conference will be held on October 20 at the Macdonald Hotel in Edmonton.

During the past year teacher recruitment conferences with wide representation from citizens of Alberta were held at Calgary, Lethbridge, Medicine Hat, Grande Prairie and Red Deer. A brief summarizing the recommendations of these conferences, was presented to the minister of education recently, and will be reviewed at the October conference.

The brief asks that a long range education program to provide professionally educated teachers for all schools be formulated, recognized and supported by the provincial government, school trustees, Alberta teachers' association, and other public bodies including those in the field of agriculture, labor, industry. Major points include:

- 1—Increased length of training period of professional education to four years by 1965.
- 2—Selection of entrants.
- 3—A vigorous recruitment campaign to attract suitable students. Involved in a recruitment campaign is the need to increase the pool of high school graduates from which to draw teachers as well as all other professions.
- 4—Retention of teachers in the profession by improved salaries and pensions, improved living and working conditions.
- 5—Co-operation of industry in all education developments.
- 6—Review of educational finance in all fields.

The minister of education has been invited to comment on the brief at the conference. In addition, Dr. H. B. McDaniel, acting dean of education at Stanford University will address the gathering. The report of the recent manpower conference at St. Andrews, N.B., includes some of the points which are in the Alberta brief. The planning committee has therefore contacted the newly-appointed executive director of the Industrial Foundation on Education advising him of the October conference and inviting him to be present.

"How's Henry gettin' along at school, Si?"

"Not so well, Eph. They're learnin' him to spell 'taters' with a 'P'."

Poster, Essay Contest Planned by Firemen

Fire Chief John Kinnear of the Coleman volunteer fire brigade announced that the brigade will again sponsor the annual poster and essay contest for the pupils of the Coleman schools.

The brigade has stated that there will be three prizes in each room of \$3, \$2 and \$1. The poster contest will be open to all children from grade 1 to grade 4 in both the main school and the Cameron schools with prizes for each room in both schools. The essay contest is open to all students from grade 5 to grade 8 in both schools with prizes for each room.

The posters, to be judged on October 19, will be displayed in the window of the Modern Electric Shop. Prizes will be presented in the auditorium of the main school on the 19th, when fire chief Kinnear will address the students on fire prevention. Attempts are also being made to obtain films for showing during the afternoon.

C.W.L. Hold Successful Tea

Saturday, October 6th, the C.W. League of Holy Ghost Catholic Church held a very successful tea and Tombola draw.

The winner of the tea prize for the afternoon was Mrs. S. Penney while the cushion was won by Mrs. Jensen and the tablecloth by Mrs. I. Caroe.

Lucky Tombola winners were: 1 Gary Alan Kuta, 1239, 2 Linda Beigum, 739, 3 Jerry Small, 349, 4 Dianne Drew, 859, 5 Patty Kilgannon, 791, 6 Andrew Harry, 360, 7 Alan Farano, 709, 8 S. Lekosky, 193, 9 Laura Johnston, Calgary, 1818, 10 H. Mandak, 1354, 11 J. Stusko, 1276, 12 Juliana Fidenato, Bellevue, 1999, 13 Angie Rizzita, 1732, 14 Rylee Binkak, 1973, 15 Raymond Mizura, 529, 16 Bruno Pyrlarz, Calgary, 816, 17 Mrs. J. Hanrahan, 18 Mrs. H. T. Green, 765, 19 Mrs. V. Orlando, 619, 20 Coleen Markin, Claresholm, 21 Renato Bradish, 1587, 22 Silvio Castellano, 977, 23 Amil Puliz, 796, 24 Sammy Oliva, 862, 25 Lenn Birardo, 642, 26 Father Henke, Bellevue, 1546, 27 Dele Montabelli, 547, 28 Richard Semenzin, Kimberley, 208, 29 Esther Robutka, 1938, 30 Mary Oliva, 863, 31 Mrs. K. Smolik, 288, 32 Linda Geddos, Legend, 1610, 33 David Biegun, 376, 34 Terry Kryczka, 703, 35 P. Antonenko.

Annual Banquet Set by Brigade Present Trophy

The Coleman volunteer fire brigade will hold its annual banquet and dance in October 26.

The dance will be held in the Elks hall while the banquet, which is open to firemen and their wives only, will be held in the Grand Union banquet hall.

The winning squad of the Blairmore fire brigade as well as the fire chief, Tom Gibos, and their wives will also be invited to the affair where fire chief John Kinnear of Coleman will award the trophies to the Blairmore squad for having won the hose coupling competitions in Coleman July 1.

The large trophy which is held for one year only will be presented to the fire chief while the members of the squad will be awarded with small permanent trophies.

Proceeds derived from the dance supply the Coleman volunteer fire brigade with funds to carry on the July 1 hose coupling competitions and also the annual children's essay and poster contest.

Canadian Legion Bingo Winners

Following are winners in the recent Legion bingo:

1. Joe Kovalk, chicken; 2. Mrs. Kornet, \$5 cash; 3. Mrs. A. Phillips flowers; 4. Mrs. H. Gate, chicken; 5. Mrs. H. Maalen, towel set; 6. Mary Vican, lamp; 7. Mrs. Perry, \$5; 8. Mrs. J. Trots, shirt; 9. Mr. H. Newton, hamper; 10. Mr. H. Radzicki, consolation, \$5.

Door prize of nylons was won by T. Sudworth.

Cancer Society Sponsors School Poster Contest

A Poster competition in Alberta Schools has been announced by the Alberta division of the Canadian Cancer Society.

Cash prizes totalling nearly \$100 have been donated by a group of Life Members of the Society who annually give funds for this purpose.

The competition requires the entrants to present simply and forcefully facts about cancer, in poster form, so that people will understand them at a glance. The posters will be judged on the importance of the message which they convey, the suitability of design or illustration, originality and general effectiveness.

The prize list in each of the Society's branch areas comprising Calgary, Crows Nest Pass, Drumheller, Edmonton, Grande Prairie, Lethbridge, Medicine Hat, Peace River, Red Deer, Vegreville and Vermilion, consists of 1st, 2nd, 3rd, 4th prizes of \$10, \$5, \$3 and \$2 respectively, in grades VII and VIII, grades IX and X, and grades XI and XII. Following the branch awards grand prizes will be awarded for the best entries in the same classes in the entire province. The closing date of the contest is March 15, 1957.

Details of the contest are going out to all schools in the province. Teachers or students who do not receive the rules and regulations, and other relative information, may obtain them from the Crows Nest Pass branch, Blairmore, Alberta.

Will Enforce Scarlet Tunic Rule This Fall

BLAIRMORE — It was learned this week that Forestry Branch officials and some officers will strictly enforce the scarlet tunic and headgear requirement this fall.

Hunters must wear a scarlet tunic and scarlet hat or cap or they will be prevented from entering the hunting areas. Checkered outfits of red and black or other colors will not be permissible and the officials have stated that the hunters will be turned back at the borders of hunting areas if they are not in possession or wearing the proper hunting garb.

The officers have been very lenient during the past seasons but an issue on this particular point will be made this year.

The matter of wearing red clothing is for the protection of the hunter and with the large increase in the hunting population over the past few years the officials have found it very necessary to strictly enforce the wearing of bright red clothing.

IN MEMORIAM

In loving memory of John Vrakovsky, who passed away on October 17, 1954.

God knows how much we miss you,
Never shall your memory fade
Loving thoughts shall ever wander,
In the spot, where you are laid.

Ever remembered by your brother, Andy and family.

In Memoriam

In Loving Memory of My Dear Husband and Father, John Vrakovsky, Who Passed Away on October 17, 1954—

Dear, you are not forgotten. Though on earth you are no more. Still in memory you are with us. As you always were before.

Mary and Sons,
Milan and Johnny.

Card of Thanks

I would like to thank Dr. Aiello, the nurses and staff of the Crows Nest Pass Hospital, all who sent flowers, get well cards and gifts.
Mrs. J. Glendenning.

The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

The facts about Royal Jelly

Sports College has done a great deal of experimental work over the years with various food supplements and vitamin-mineral preparations to determine which — if any — had beneficial effects on athletes and fitness in general. During the last few months we have been working with a new natural food supplement known as Royal Jelly. This is the food the worker bees supply to the queen bee and is responsible for her amazing increase in size, productivity and length of life.

It is now believed that Royal Jelly may have some amazingly beneficial effects on humans. A great deal of research has been done by doctors throughout the world, particularly in France, and tests by Sports College under controlled conditions have had some very promising results. We have found that the majority of people taking it report results ranging from decreased nervousness and more energy to improved appetite and better digestion. Many athletes have become very excited about the possibilities. Best results have been reported by a group of paddlers who recently clocked times better than world and Olympic records and feel that Royal Jelly helped them considerably.

Just how Royal Jelly performs these wonders is not yet completely understood. However, it is high in vitamins, proteins and other elements which are very beneficial, and it is believed that it is the combined effect of all these rather than any one "magic" ingredient which makes it so effective. There is, however, one unidentified element which may contribute more than is now realized, and it also is the greatest and most economical source of pantothenic acid, which is rated as a factor in longevity.

A report has been prepared analyzing these tests with Royal Jelly and we suggest that anyone interested in learning more about it write to Sports College, Box 99, Toronto 1, Ontario.

Football players need strong necks

One of the most dangerously vulnerable spots in the average

football player's physique is his neck. An injury in this spot often is serious, yet examination shows that the average high school football player, and many at university level too, is not nearly well enough developed in the neck for his own safety.

Here's an exercise that will develop the kind of muscles you need. Lower your head until your jaw rests on your chest. Clasp your hands behind your head. Move your head up and back as far as possible, resisting this movement with your hands. Relax, drop your chin to your chest again and repeat. Do this eight or ten times, then rest and do another set. Repeat this drill several times every day.

The Canadian Amateur Sports and Physical Fitness Development Service is a nationwide project operated by Sports College to improve standards of physical fitness. Further information about CASPFDs may be obtained from Sports College, Box 99, Toronto 1.

Reed canary grass in Alberta

Central Alberta farmers should be aware of the possibilities for increased forage production through the use of reed canary grass.

This grass is a perennial with a creeping root system which produces a dense sod under favorable conditions. In tests at the Lacombe Experimental Farm and the Athabasca Sub-Station, Canada Department of Agriculture, it has been equal to created wheatgrass, slightly superior to intermediate wheatgrass and slightly inferior to brome in winterhardness. The forage produced is somewhat coarser than that of brome, with many broad leaves, and stems often six or eight feet in height.

Observation and limited testing throughout the central Alberta area indicate that reed canary grass is quite widely adapted. It is particularly well adapted and recommended for areas subject to prolonged periods of flooding as it will grow and thrive in water for at least seven weeks. Successful stands have been obtained at the Athabasca Sub-Station on swampy, partially burned over peat and at the Leslieville Illustration Station on degraded blackland. Its use on peat has not been fully investigated but there are indications that it may prove to be well suited to this type of land once established. While not generally recommended for use on "dry land", reed canary grass has yielded surprisingly well at the Castor and Metislaw Sub-Stations in comparisons with brome and crested wheat.

Establishment of new seedlings will probably be most successful if seeding takes place in the spring after freeze-up or in the fall after flood waters have subsided. Reed canary grass may be used for either hay or pasture. It is somewhat inferior in quality to some of the other grasses as hay but if cut before growth becomes too advanced it will provide a nutritious and palatable feed. New seedlings should be cut for hay for the first few years to allow the plants to form a dense sod before pasturing. Grazing should be of such an intensity as to prevent the grass from becoming coarse and unpalatable to livestock.

Numerous low lying areas exist throughout all of the soil zones of central Alberta. Reed canary grass is well adapted to such land and might well be used to replace the less desirable grasses and weeds found in such areas.

PIED PIPERS NEEDED

Rats are an expensive and dangerous pest to humanity. The annual loss of millions of dollars worth of food and merchandise is due to the depredation of rats and mice. In addition, rats carry disease germs, that of the dreadful black plague being one of these. Since rats are difficult to trap it is advisable to take other measures. A chemical called warfarin was developed several years ago and is now obtainable under various trade names by commercial manufacturers. This has been found very effective in destroying the vermin. \$211



GETTING TOUGH: One of the Egyptian co-eds at Cairo University holds a rifle high and leaps over a hedge at the Cairo Teachers' club. She's one of a group of women taking basic military training, as part of a general program by President Nasser to strengthen Egypt.

CANCER CURE? NOT YET

Cancer cure isn't to be expected overnight from research now going on with special cancer "serum," reports The Financial Post. Medical researchers say results are still very inconclusive with no evidence so far that the serum can cure, they are doubtful about the extent to which the serum arrests the disease. It will be one or two years at least before more definite findings are available.

ANSWERS TO QUICK QUIZ

5. Japan. 3. Indirect taxes \$1.673 million, personal income taxes \$1.265 million. 1. Cabot 1497, Cortes Real 1501, Verrazano 1524, Cartier 1535. 4. Less than 68 percent. 2. Victoria, B.C.; Hamilton, Ont.; Sydney, N.S.

(Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

Ticklers

By George



"Daddy, would you like to hear my imitation of a cat fight?"

PEGGY



—By Chuck Thursday

RIVETS



—By Les Carroll

THE TILLERS



WEEKLY BIBLE COMMENT

MATTHEW CONTRASTS CHRISTIAN AND WORDLY WAYS

Four verses of the 20th chapter of Matthew present as vividly and definitely as could be stated the Christian ideal and way of life in contrast with the way of the world. The contrast is so unmistakable it is amazing so many have failed to profit by it.

Even some professing Christians and a few of those associated with the church have been more concerned about pursuing the way of the world in personal ambition for power or material reward rather than in consecrating themselves to the Christian ministry of service.

"The rulers of the Gentiles," said Jesus, "lord it over them, and their great ones exercise authority over them."

Is not that an exact picture of just what has been happening in all countries throughout the ages? To attain to power and to exercise authority has been the goal of men of great abilities and their petty imitators.

Jesus says that this is not the Christian way. In the Kingdom that He came to establish, greatness is not reckoned by lordship and authority, but by the measure of one's capacity and willingness to minister.

Whoever would be first in this world, the Kingdom is the one who most truly serves his fellowmen, and first of all in the Kingdom is Jesus Himself, "who came not to be ministered unto, but to minister, and to give His life a ransom for many."

Repeatedly, both by prospect and example, Jesus sought to enforce this lesson concerning true greatness.

Stubborn tea stains in a teacup vanish when scoured briskly with table salt.

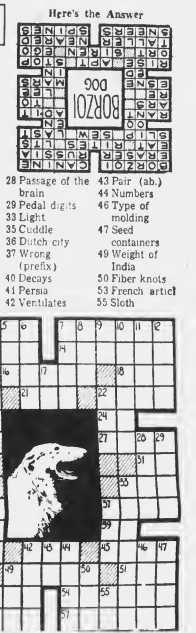
:: Weekly Crossword Puzzle ::

Breed of Dog

HORIZONTAL
1 Depleted type of dog
7 It is a breed of —
13 Expunger
14 It is a native of —
15 Dine
16 Ceremonies
17 Lieutenants (ab.)
18 Slide
19 Half-em
20 Rave
21 Mine entrance
22 Art (Latin)
23 Preposition
24 Of the thing
25 Sheltered aide
26 Domestic slave
27 Roman god of war
28 Diminutive of Edgar
29 Within
30 Get up
31 Suitable
32 Cease
33 Worthless morsel
34 Warning device
35 Self esteem
36 Greater in stature
37 Approached
38 Scoffs
39 Backbones

4 Zoological society (ab.)
5 Over (contr.)
6 Flower
7 Retinue of workmen
8 Arab tribesman
9 Nova Scotia
10 Body of land
11 Insect eggs
12 Direction
13 Light
14 Tellurium
15 Hawaiian bird
16 Half-em
17 Meadow
18 Uncommon
19 Decays
20 Greek god of war
21 Ventral

22 Passage of the 43 Pair (ab.)
23 Numbers
24 Type of molding
25 Seed containers
26 Wrong
27 India
28 Fiber knots
29 French article
30 Sixth



St. John Ambulance Association



Coleman Branch

FIRST AID CLASSES

will commence on

SUNDAY, OCT. 28

and continue

Every Sunday Afternoon

until further notice in the

High School Auditorium

commencing at 1 p.m.

All interested are cordially invited to attend.

J. KILGANNON, Secretary.

COLEMAN VOLUNTEER FIRE BRIGADE

SIXTH ANNUAL

- DANCE -

in the ELKS' HALL, COLEMAN

Friday, Oct. 26th

Dancing from 9 p.m. till ?

EDL'S ORCHESTRA

DOOR PRIZE Given Away to Lucky Ticket Holder
Also Spot Dance Prize

Admission: Per Person \$1.00

Buy a Ticket and Support your Local Volunteer Brigade

A COMPLETE SERVICE FOR Your Dry Cleaning

Dry Cleaning - Pressing - Repairs Alterations and Made-to-Measure Suits

We are as close to you as your Telephone

Just Dial 2112

Enquire about RUSH ORDERS at No Extra Charge

We will call and deliver
Pick-up Service TUESDAY - Delivery FRIDAY

UNION CLEANERS

Blairmore, Alberta

"Dollars and Sense"

One of the best ways to encourage good sound sleep

Is to have a good sound bank balance. Regular savings can make life a lot pleasanter in a hundred and one other ways. You may want the down payment on a home of your own, a TV set or a car... perhaps the children's education is on your mind or a leisurely retirement someday. Whatever it is that you want or need, you have to learn the secret of putting something by regularly. Pay by pay you store away the money except in emergencies till you reach your savings goal—then you start saving for the next one. Why not open a Savings Account with us today?

THE CANADIAN BANK OF COMMERCE

COLEMAN BRANCH - E. D. HOWARD, Manager

Personalities IN THE NEWS

Albert's Bowling Alley has taken on a new look during the summer months as the proprietor has redecorated the interior of the premises for the winter months.

At the regular meeting of the St. Alban's Church Ladies guild the arrangements were made for a whist drive to be held on Monday, Oct. 29, for both ladies and gents.

Mrs. G. P. Thomson of Calgary was the week-end guest of her sister and brother-in-law, Mr. and Mrs. A. E. Graham.

The many friends of Leroy Failler will be pleased to hear that he is back at school again after being a patient in the Belcher hospital, Calgary.

Born to Mr. and Mrs. Zur, on Wed., October 10, at the C.N.P. hospital, a son.

Tickets are now available for Mayor W. Hawrelak Banquet on October 23rd, from the Coleman Pharmacy or ask any Board of Trade member.

Darlene Korman entertained 24 juvenile friends at a party last Friday evening, the occasion being her 14th birthday. Dancing and games were enjoyed after which a delectable lunch was served by her mother, the table being centered with a candle decorated cake. The assembled friends presented Darlene with a 6-piece dresser set and a pink chrome plate for which she very ably thanked all. All joined in singing "Happy Birthday" and "She's a Jolly Good Fellow."

Mr. Mike Korman spent the week end with his family here, he is now employed at Glenwood on a construction crew.

Mr. O. Fry accompanied by his son Butch of Calgary, visited in Coleman last week and enjoyed a few days fishing. Mr. Fry stated he is enjoying much better health.

Friends of Mr. Dave Sudworth will be glad to hear that he has returned from a Lethbridge hospital where he underwent eye surgery. The eye, injured in an accident is all right again.

Mr. R. T. Maslen of Regina, visited recently with his son and daughter-in-law, Mr. and Mrs. H. J. Maslen.

Mr. and Mrs. Tets Kitaguchi of Milk River were the guests of Mr. and Mrs. George Yoshinaka over the Thanksgiving week-end.

Mrs. J. Glendenning is home again after being a patient in the Crows Nest Pass Hospital for several weeks.

Mrs. Peter Smith visited with her son-in-law and daughter, Mr. and Mrs. Ray Neddo at Barrhead.

Mr. and Mrs. J. Curtis are the parents of a daughter born on October 9.

Elsie Weltens in training as a nurses aide at the Hanna Hospital and Marion Fauville in the same occupation at the Brooks Hospital, visited their parents recently. From here they will go to Calgary to complete their training.

Friends will be sorry to learn that Mr. W. Milley, Mrs. Edgar Allen and Mrs. Anna Jones are patients in the Crows Nest Pass Hospital.

Mr. J. A. McIsaac of Nova Scotia, who has been visiting at the McQuarrie home, is a patient in Crows Nest Pass Hospital.

Mrs. Mae Pihl, who recently returned from a European tour visited with her brother-in-law and sister, Mr. and Mrs. C. Coover.

Mrs. S. Bencko of Wetaskiwin was here for the funeral of her husband, who died last week.

Classified Ads

FOR SALE or RENT

HOUSE FOR SALE -- Front modern, 2 bedrooms, front room, kitchen, bathroom, pantry, back and front porch, full basement with garage, pantry and furnace. Apply to Mr. W. Filewich, Main Street, Coleman. 2np.

HOUSE FOR SALE -- Six-roomed House on Fifth St., Coleman, large heated sunporch, bathroom and furnace. Apply to Mrs. H. J. Maslen. Phone 3612. 2tp

FOR SALE or RENT -- Two roomed House with bath. Suitable for elderly couple. Apply to J. Kovocik, Sr. West Coleman. 3tp.

FULLY MODERN HOUSE -- two bedrooms. Sitting Room, Dining Room, Kitchen and Bathroom, also New Furnace. Apply to Mrs. H. Newsome, Phone 2902, West Coleman.

FOR SALE -- 6 room modern house in West Coleman. Newly finished and re-decorated. Hot water heated; full size basement, with or without furniture, all new. Apply Mr. Ed D'Appolonia.

COUNTER CHECK BOOKS
Apply Coleman Journal.



ST. PAUL'S United Church

- COLEMAN -

Rev. R. MacAulay, Minister

Sunday, October 21

10 a.m.—Church Service.

11.15 a.m.—Sunday School

7.00 p.m.—Church Service

Tuesday, October 9

4 p.m.—Junior Explorers

Thursday, October 11

6 p.m.—Junior Choir

Friday, October 12

3 p.m.—Senior Explorers

2nd Monday of each month

at 7.30—Good Will W. A.

3rd Monday of each month

at 8 p.m.—Men's Club.

Wed. at 3.30 p.m.—Mission

Band

1st Thursday at 7.30—Senior

Ladies Group

2nd Thursday at 7.30 p.m.—

Women's Missionary Society.

BUILDING CONTRACTORS

Builders' Headquarters

Celli's Building Supplies

Central Service

Bellevue, Alberta

When you need the MOTOR OIL you use, call and see us, we handle 26 of the most finest Canadian and American Brands.

- O-K -

RUBBER STAMPS

PROMPT SERVICE

The Coleman Journal

NOW IS THE TIME TO PAY YOUR SUBSCRIPTION

A number of subscribers are behind in their subscription dues to The Journal, and the label on your paper gives the expiry date.

Annual subscription accounts will be mailed out after Nov. 1st. You can save us considerable expense and time by paying your subscription arrears within the next three weeks. This courtesy would be appreciated.

We have just received...



11 SMART NEW SWEATER DESIGNS!

We are sure you will be pleased with the wonderful new selection of patterns... in addition to those shown above are others such as the Pheasant Hunt, Antique Autos, Hockey, Pirate, Clown, Elephant and Three Little Pigs, etc. You'll want to see them before you make your knitting plans for the coming season.

We have a complete stock on hand of the famous MARY MAXIM 4 PLY NORTHLAND WOOL

This quality wool has been specially created for use with Mary Maxim Patterns. A portion of the natural oils are retained in the wool, giving garments remarkable wear, repellent qualities. Be sure you use only Mary Maxim Northland Wool for your sweater. Available in a complete color range.

95c

PER 4 OZ. SKIRM

Call in soon and see us about these fascinating, new sweater designs... and the wool to knit them up!

Frank Aboussafy

Main Street, Coleman

COLEMAN ELKS PRIZE BINGO

IN THE

Elks' Hall, Coleman

ON

Fri., Oct 19

AT 8 p.m. SHARP

Admission: \$1.00 for 12 Games

BONUS CARDS 25c

\$70 Jackpot to go in 54 Numbers

Also \$25 Cash Prize and 10 Good Prizes

AMPLE PARKING SPACE IN LOT AT THE REAR OF THE BUILDING

Come and get credit for Season's Attendance Jackpot.
Bring your Credit Cards with you.

NOTICE—Anyone Playing Bingo, Adults or Children, must purchase a \$1.00 Admission Ticket

Winter Preparations

We carry a complete stock of:

STOVE PIPES - ELBOWS
STOVE CEMENT - ASBESTOS PAPER
FURNACE PIPES
WARM MORNING HEATERS
WINDOW GLASS, all sizes
WEATHER STRIP, by the foot or by the set

COLEMAN HARDWARE
and Furniture Company

W. Dutil, Prop.

Phone 3639

Local Girl Tendered Shower

Some 142 ladies gathered in the Elks hall on Friday evening to honor Mrs. J. Tarcon, nee Joy Raymond, at a shower.

Entering the hall the bride was presented with a red rose corsage by Carol D'Amico, her mother. Mrs. H. Raymond, received a carnation corsage from Mrs. J. Bartalotti.

Her grandmother, Mrs. Marcolin also received a carnation corsage from Mrs. H. Nelson, while Mrs. M. Cornet pinned a carnation corsage on the groom's mother, Mrs. M. Tarcon.

Entering to the tune of the Wedding March played by Mrs. S. Penney, the radiant guest was escorted to a place of honor at the head table.

Whist and bingo were enjoyed by the assembly. Honors for the whist went to Mrs. J. Kubica, first; Mrs. W. Krish, second, and in the draw for the consolation prize between Mrs. T. Holstead and Mrs. D. Collins, the lucky winner was Mrs. Collins.

The door prize was won by Mrs. T. Litter of Michel.

Following a delicious lunch served by the hostesses Mrs. N. Goulding presented the bride with a host of beautiful gifts. The gifts given by the assembled guests were a chrome kitchen suite, a set of aluminum ware, roaster, stainless steel cutlery set, can opener, bedspread and kitchen tools and canister set.

The hostess gift was a dinner set for eight persons.

Hosts of gifts such as pillows, blankets, dishes, cups and saucers, and many others were received from many well wishing friends.

Joy thanked all those present and those unable to attend for the lovely gifts and gave a special thanks to the hostesses.

The bride was assisted in opening her gifts by several of her former school chums, Carol D'Amico, Hilda Smith, Leah Jones, Florence Berlin, Sheila Penney and Joan Hirst.

Hostesses for the evening were Mesdames M. Cornet, H. Nelson, A. Hardy, M. Rizzo, G. Misura, A. Capola, J. Kobewka, M. Juhlin, R. Ruppen, W. Hammer, J. Bartalotti, G. D'Amico, J. Goulding, J. Kerr, W. Ford, G. Atkinson, B. Bond, A. Bernadette, A. Wilson, E. Simonhouse, A. Montalbetti and J. Peknik.

The Misses Leah Jones, Hilda Smith, Joan Hirst and Florence Berlin.

Light in Darkness

Light is so important in our daily lives that we are paralyzed when a power breakdown occurs. Yet not many of us realize that the blind are always in the dark. Some time ago two blind men were weaving at an exhibition. A fuse blew and the lights in that part of the building went out. There was instant confusion.

At the two blind men went on working.

Because all our activities are planned with the assumption of sight, a different technique must be applied to living for the sightless. That is where the work of the Canadian National Institute for the Blind is so important.

For nearly 40 years the CNIB has been studying the best way to solve the problems of the blind. Through the training which the CNIB offers to those who have lost their sight, the ways of living and moving and working in the dark can be learned. The sen-

ses must be reoriented.

Emphasis changes from sight to touch and hearing. Four senses must do the work of five.

More important even than physical adjustment to lack of sight is its acceptance by the mind and spirit. CNIB services have been designed by men without sight themselves to light a path for others in a darkened world. Only a blind persons can lead newly-blinded, towards a healthy, constructive mental attitude towards his handicap. Among the many services rendered by CNIB are Home Teaching, Social Service, Braille and record library, employment, supplying raw materials to homeworkers, special appliances, and many more. Through these services more than 20,000 blind people in Canada today have learned to pass the dark hours more happily than would have been possible without the services of this great organization. The annual campaign of the CNIB in all non-Community Chest areas, is now on. Its work cannot continue without the support of a generous public. You can lend a helping hand to those who cannot see. GIVE NOW—generously.

The CNIB campaign convenor in your district is Mrs. Nora Goulding, Order of the Royal Purple. Headquarters of the Southern Alberta branch 406 16th ave. N.W. Calgary, Alberta.

New Fishing Fees

(From the Fernie Free Press)

A recent resolution by the Fernie Chamber of Commerce advocating a revision of fishing licence fees for tourists appears to contain the solution of two problems that have plagued this part of British Columbia for some time and is deserving of the backing of interested organizations.

The \$1-a-week fee for non-residents proposed by the Chamber would have the effect of encouraging tourists to spend a few pleasant hours or days of relaxation at British Columbia's mountain lakes and streams at a reasonable cost to themselves and without depleting fish stocks to any appreciable extent. They would return to their homes more satisfied and happy with the treatment accorded them in this province.

From an advertising point of view alone, a new deal should pay

large dividends. It is a well known fact that one of the best and cheapest means of drawing new customers is to satisfy the old.

The other problem that would be solved — or at least partially solved — is the aggravating situation existing with regard to the so-called fishermen from across the Alberta border who, for the payment of the \$3.50 non-residents' fee, are permitted to exploit British Columbia's waters to their hearts' content. The \$1-a-week would tend to discourage these pseudo-tourists.

While in all likelihood some flaunting of regulations and laws would continue it is not unreasonable to expect that a change in the cost of licences would not cause these incidents to increase. In any event, that is a problem for enforcement officers.

What is of greater importance at present is pressure on the Fish and Game branch by all organizations interested in promoting better relations with tourists or in preservation of British Columbia's wild life.

Letter to the Editor

1917, Westmount Road
Calgary, Alberta.
Oct. 10, 1956.

Dear Mr. Holstead:

In the issue of September 26th I noticed the write-up of my daughter Norma's wedding. If you have any spare issues on hand will you please send me six.

Please find enclosed a money order for \$3.50 to cover and also renew subscription for The Journal.

We are always interested in the news from the old home town.

Thanking you,

I remain,

Yours truly,

Mrs. J. W. Shields.

With the do-it-yourself trend growing by leaps and bounds, tool care is more and more important.

Don't use gasoline or solvents for cleaning if you want to prevent corrosion and rust. Clean tools in four ounces of No. 10 engine oil mixed with one quart of kerosene then wipe with a dry cloth. The kerosene dissolves grease, the oil provides an air-proof coating that prevents rust.

Dial 3703

PARK'S

Prompt Delivery

Sugar, 10 pounds for \$1.03

Corn Flakes, Kellogg's, 2 pkts. .49

Milk, 6 tins for .99

Fine Coconut, per lb. - .35

Raisons, California, 2 for .57

Capri Wafers, 2 for .43

Strawberry Jam, H & P, 4 lb. tin - \$1.29

Peanut Butter, Squirrel, jar .59

Aerowax, quart tin - .75

Cake Mix, Ogilvie's, Free 2 for .79

Crab Meat, Skipper, tin - .55

Corned Beef, Hereford, tin .47

H. P. Sauce, per bottle - .35

Worcester Sauce, bottle - .29

Ketchup, Heinz, per bottle .35

Soup, Campbell's, Tomato 4 tins .59

Scotch Broth, or Chicken 4 tins .79

Red Salmon, fancy, tin - .53

Apple Filling, Sunrype 2 tins .55

Sundae Sauce, Special 2 tins .39

Peas, Prairie Maid, 2 tins .29

Apples, Case - \$2.39

Ice Cream, half gallon .99

Cordeal, Eaman's, 24 oz. .49



**THE LONGER YOU
HOLD THEM... THE
BETTER THEY GET**

**PUT IN \$500⁰⁰
GET BACK \$736⁸⁸**

... that's big news in saving!

The Eleventh Series of Canada Savings Bonds offers a "stepped up" scale of interest payments which begins at 3 1/4% and increases in steps until it reaches 4%. This means that one of the new \$500 Canada Savings Bonds earns \$236.88 in interest during its 12 1/2 years of life. So, if you hold it until maturity you get back \$736.88 for each \$500 you invest.

As always, Canada Savings Bonds can be cashed for full face value plus earned interest at any time. Every dollar of your investment is always available. Study the new "stepped up" scale of interest payments in the table on the left. Then make plans now to sign up for your new Canada Savings Bonds. There never was an easier or safer way of putting by a good nest-egg for the future.

**BUY
CANADA
SAVINGS
BONDS**

**ELEVENTH SERIES
CANADA SAVINGS BONDS
INTEREST SCALE**

First two coupons pay	3 1/4%
Next two coupons pay	3 1/4%
Next two coupons pay	3 1/4%
Last seven coupons pay	4%
Total interest return for each \$100 investment if held to maturity	\$47.38

DENOMINATIONS

Coupon Form	\$50, \$100, \$500, \$1000, \$5000
Fully Registered (Interest paid by cheque)	\$500, \$1000, \$5000
Limit to registration in any one name—\$5000	
Immediately cashable for full face value plus earned interest at any time.	

SENSATIONAL SAVINGS

99¢ SALE

33 Household Items at this
Terrific Saving

QUANTITIES LIMITED

SEE OUR WINDOW DISPLAY

MODERN ELECTRIC

"Everything Electrical"
R. A. Montalbetti, Prop.

Hardware and Furniture
Phone 3847, Coleman

Plan Now To Visit The Royal Winter Fair TORONTO, NOV. 9-17

The Canadian Pacific offers low cost Semi All-Expense round trip package tours from Edmonton, Calgary and Saskatoon, Nov. 8th; Swift Current, Moose Jaw, Regina, Weyburn and Winnipeg, Nov. 9th; Fort William and Port Arthur, Nov. 10th. ... Return with the party Nov. 17th, or independently.

Consult your
CANADIAN PACIFIC AGENT
For Reservation and Tickets

Canadian Pacific
WORLD'S GREATEST TRAVEL SYSTEM

For cash or by instalments through your investment dealer, bank, trust or loan company, or on the Payroll Savings Plan where you work.

World Happenings In Pictures



WORLD'S LARGEST TANKER—The "Universe Leader," world's largest tanker, hits the water at the Kure dockyard in Japan. The mammoth ship, weighing 84,730 tons and costing more than 10 million dollars to build, will be completed some time in October. An American vessel, it will be placed on the Iran-North America run under Liberian registration.



HER FAMILY WIPED OUT IN CAR ACCIDENT—Seven-year-old Rose Marie Conger lays in a Rapid City, S.D., hospital recovering from a two-car accident that killed her parents; two sisters and a brother. Four men riding in the other car were also killed. Rose Marie suffered a leg fracture.



EZIO PINZA, left, the 64 year old Broadway musical star who suffered a slight paralytic stroke at his summer home near Ravenna, Italy, is shown with his family as they left New York for Italy last June 12. From left to right Pinza, his wife, Doris, son Peter, 11, and daughters Chela, 13, and Gloria, five, with the pet dog, "Satan." Pinza has cancelled his contract to appear in a play next season.

(News-Optimist, North Battleford, Sask.—July 25, 1950)



RUSSIAN ACCENT: Distinctly Russian in flavor, Genevieve Fath's eye-catching coat is done in a muted plaid of mauve, green and black, trimmed in native-dyed Persian lamb. The matching toque is dyed to the same shade.

SAFETY FIRST
Children are unpredictable.
It's sad but very true.
As a driver be responsible
Their safety is up to you.



MRS. ROSE GOLDSTEIN, 70, fingers a hoard of bills, over \$1,000 worth, at her flat in Brooklyn, New York. Police, called in to investigate two recent burglaries in which the partly deaf and blind woman was robbed of \$1,000, found the treasure in crumpled bills at the bottom of an old trunk the key of which Mrs. Goldstein had lost. Dressed in tatters and living frugally the old woman has now agreed to place her money in a bank.



43rd (NORTH BATTLEFORD SQUADRON)—The picture was taken at the RCAP Summer Camp at Abbotsford, British Columbia, where RCAP men from across Canada are taking part in the summer camp. The 43rd Squadron, North Battleford, members pictured above are: (left to right) back row—Cpl. A. Vanhook, LAC K. Hartman, LAC N. Brunwald, Cpl. K. Holliday, Sgt. J. Vicq and LAC L. Laycock; center row—Sgt. G. Pruden, Cpl. J. Hagerman, FO. A. J. Greenwood, LAC H. T. Stacey, and LAC J. Kochan; front row—LAC R. Jones, LAC E. Somers, Mr. J. Brown, LAC J. Millar and R. Startup.



THEY MUST PART—This newly married couple still manage to smile as they take their last walk on the quay at Southampton, England, before the husband embarks in a troop ship for the Mediterranean.

EDITORIALS

from other weekly papers

(These are not necessarily the views of the editor of this paper.)

Coal industry not lost

(From The Brandon Daily Sun—July 23, 1936)

With the advent of natural gas in such large quantities the coal industry in Alberta has taken a terrific beating. Hundreds of mines have been shut down, and employees forced to seek other employment. Once thriving coal centres have become mere ghost towns. Even at the present time the future for industry looks bleak.

However, men "at the top level" in the coal industry have a different opinion. They readily admit that for the present the industry will find tough sledding, but in the not too distant future the fortunes of the coal industry will begin to rise.

"Coal," said the magazine Business Week some time ago, "is energy. And energy is the fastest growing part of the economy." So if coal's future isn't tremendous, no one's can be.

On the same subject the Christian Science Monitor goes on to say that regularly now coal operators, coal carrying railways, and the miners' union and an "unprecedented partnership" — are indicating the setting up of a giant shipping corporation to expedite coal to a growing European market.

Business Week cites the following reasons for its optimism for coal: Price trends of gas and oil now favor coal (for energy, not convenience); coal has written off the railroads (locomotion) and adjusted to the loss; coal mining is in the front line of productive efficiency; big customers are moving from the distant rail sidings to the mine mouth; coal as a source of synthetic products and automatic fuels promises to rival gas as simply a "solid fuel under boilers."

So while the coal industry seems at present in a precarious state, there is good reason to believe that its future is due for a tremendous surge. It is too big an industry, too valuable an employment source and too rich a natural resource to let languish in its present state. The signs are now out that material improvement is on the way.

Deen thinker!

(From The Mail, Drumheller, Alta.—Aug. 1, 1936)

Such terms as "inferiority complex" and "super ego" are part of everyday language. But they are comparatively new. They stem from the man recognized as the father of modern psychiatry — Sigmund Freud, whose birth centenary is being marked this year.

Freud, born a Jew in an area of Europe now enclosed in Czechoslovakia, was taken as an infant to Vienna and lived there for 78 years until the Nazi surge into Austria forced him to leave for Britain. He died there a few weeks after the outbreak of the Second World War, at age 83.

Psycho-analysis has become part of the modern scheme of things since Freud first developed the theory that all human motivation is unconscious, stemming from the complicated mental apparatus lying deeper than the conscious brain.

Dr. Edward Glover, a British psychologist who was a pupil of Freud, is one of the experts in many lands paying tribute this year to Freud, whose birth date was May 6th, 1856. In a BBC broadcast Dr. Glover said "there is hardly a mental hospital or out-patient centre, or a child-guidance clinic or indeed any organization that deals with the problems of individual or social adaptation, the staff of which does not employ principles that were laid down by him."

Mind and consciousness were supposed to be one and the same until Freud's discovery of the unconscious. Freud developed the theory of the unconscious mental apparatus from infancy onwards, studied the infantile forms of the instincts that set the apparatus in motion, described the emotions and effects such as anxiety and guilt that can disturb its function, and the various mechanisms whereby the mind can effect control—the best known of which is called repression.

The discoveries Freud made opened new worlds of thought to the experts. The fate of the grown-up was seen to be determined not by immediate circumstances but by the unconscious pattern laid down in childhood.

Freud's influence has been powerful in many directions, and not least in the implications of his views on the development of children. He taught that if man is to succeed in controlling his primitive instincts, the necessary measures to offset these changes must be set in motion during infancy and childhood.

And this was a discovery that applies to every family today.

Sportsmen urged to help protect Whooping Crane

Saskatchewan sportsmen are warned to be on the lookout for the Whooping Cranes during the forthcoming waterfowl and game bird hunting seasons.

Fred Bard, director of the Saskatchewan Museum of Natural History, says that the birds have not had too successful a summer, and warns hunters to be careful not to shoot any.

If they are seen in any particular area they will probably be staying for a few days and the museum should be notified immediately so that the area may be posted to insure a safe passage for the birds through the province, Mr. Bard said.

Farmers, sportsmen and the public generally can help preserve the Whooping Crane by staying away from them and reporting their whereabouts to the proper authorities.

3211



WHOSE PICTURE ARE YOU DIALING?—The hear-and-see telephones of the future aren't far away any more. Floyd K. Becker, a Bell Telephone Laboratories engineer, demonstrates a successful model of a picture-phone system. A two-by-three-inch screen and small transmitter, left, are the principal components of the system, which uses only one extra telephone line on the customer's premises. It will be possible to dial a caller's picture like an ordinary telephone call. Bell engineers have transmitted recognizable pictures between New York and Los Angeles.

Honey and how to use it

Honey carries the aroma and flavor of the flowers from which it was gathered, and contains in addition mineral matter, traces of protein, and some of the vitamins according to an article appearing in the O.A.C. Review and Alumni News.

The color and flavor of honey vary with the source of nectar. Most honeys are blended to a certain extent, since it's impossible to prevent bees from visiting different kinds of flowers during a given period.

The lighter honeys are usually milder in flavor while the darker honeys are stronger in flavor. White honeys are obtained from clovers, fireweed, raspberry, and occasionally other fruits. Golden and amber honeys are obtained from red clover, rape, golden rod and mixtures of other fall flowers.

Honey is sold as comb honey, liquid honey, or granulated honey.

Comb honey is honey in the comb, usually in square sections as it was stored by the bees. It is served just as it comes from the section, or cut into individual pieces. The "chewiness" of the wax adds to its attractiveness.

Liquid honey is obtained by uncapping the comb and extracting the honey by centrifugal force. If warmed slightly, liquid honey will pour from a container in a thin, fine stream. All Canadian honeys will granulate quite readily and are easily reliquified by being warmed in a double boiler or placed in a pan of warm water.

Processed honey, sometimes just called "pasteurized" honey, is honey which has been allowed to granulate under controlled conditions in order to produce a smooth-texture which will spread readily. This honey is not changed in any way except in size crystals. The smaller the size of crystals the smoother is the texture of the honey. In Canada, honey is generally preferred in this form.

If allowed to granulate naturally, honey may vary in texture from fine to very coarse, or half liquid and half granulated.

Since honey is a delicate natural food, it should never be heated longer than necessary, and if it is to be reliquified the heating should always be carried out in a double boiler. Once the honey is liquid it should be cooled as rapidly as possible.

If honey is left exposed to a damp atmosphere it takes up water and becomes more dilute. It then has a greater tendency to ferment, unless it has been pasteurized. All honey therefore should be kept in a dry atmosphere. Solid honey tends to liquify at high temperatures and should be stored in a cool place, but not in a refrigerator. At low temperatures

liquid honey and comb honey tend to crystallize and therefore should be kept at room temperature.

Honey can be used in many ways—as a spread, as a drizzle over sauces or fresh fruits, in baking of cakes and cookies (where it tends to keep the baked products moist) and even in preserving.

Fortify yourself

Nothing in this world appears lonelier as does a host of friends! You can select them at random, write to one, dine with one, visit one or take your problems to one. There is always at least one who will understand, inspire and give you the lift you may need at the time. Fortify yourself with a flock of friends.

Sask. egg exhibits take prizes at C.N.E.

Three Saskatchewan exhibits of eggs have been awarded prizes at the Canadian National Exhibition, F. E. Payne, Saskatchewan Poultry Commissioner announced.

Mr. Payne said three exhibits of white grade A eggs were entered from Saskatchewan in competition with 70 other entries from throughout Canada. These exhibits were in 30 dozen lots. All three Saskatchewan exhibitors won prizes.

In the First prize group were the Zenith Poultry Farm, Regina, and Mrs. C. L. Overidge of Duff.

In the Second prize group was J. Thor Thorgeirson of Bredenbury.

Late hours may not be good for one, but they are not so bad for two.

Strictly Fresh

"You should have been living in Hoboken when I was a boy," reminisced old Mr. Schultz. "The water supply was never adequate. People had to boil and reboil it so they could use it over and over again."

"Didn't you get sick from it?" asked somebody. "Not us Schultzes," was the reply. "We drank nothing but beer!"

During these golden days, treat your nose to the spicy scent of pumpkin pies drifting from homes all along your street—as housewives pop frozen, prepackaged goodies into the oven.



Sure sign of autumn—the stores will soon be showing spring fashions.

Mr. Goldstein treated himself to a new hat, but his wife failed to approve of his selection. What she said, in fact, was "Moe, is that hat, you really look like a first-class idiot."

"I know," agreed Mr. Goldstein sadly, "but when the salesman jammed it on my head and let me to a mirror, I looked too stupid to argue with him."

Fast driving

Frequently one sees a car roar past at a furious pace and further down the highway passes the vehicle parked while the occupants are eating lunch, lolling on the grass or fishing or doing something equally unimportant. So why the hurry?—Trenton (Ont.) Courier-Advocate.

**MIGHTY
FINE CHEESE
PARDNER!**

**THE BEST
IN THE
WEST!**

**INGERSOLL
Baby Roll**

Ingersoll Baby Roll! Man, there's a cheese for you...
made from fine Canadian cheddar and aged to just
the right peak of ripe maturity. For parties or snacks —
or for a mouth-watering chunk of wholesome goodness
anytime — there's nothing like Ingersoll Baby Roll.

This famous process cheese comes in pound and half-pound sizes.

INGERSOLL CHEESE CO. LTD.

INGERSOLL, ONT.

Makers of Fine Cheese Since 1880

BR-10

EXPORT
CANADA'S FINEST
CIGARETTE

Make these simple POTATO SCONES tomorrow!

Sift together into bowl
1 1/2 c. unsifted pastry
flour
or 1 1/2 c. once-sifted all-
purpose flour
8 tsp. Magic Baking
Powder
1/4 tsp. salt
Cut in finely
1/2 c. chilled shortening

Combine
1 well-beaten egg
1 c. cold mashed potatoes
Blend well with a fork, then
blend in
1/2 c. milk
Make a well in dry ingredients
and add potato mixture.
Mix lightly with fork, adding
milk if necessary to make a
soft dough. Knead for 10
seconds on a lightly-floured
board.

Divide dough into 3 parts and
pat each part into 3/4-inch
thick round. Mark each circle
into quarters with the back of
a knife. Place on greased
cookie sheet. If desired, brush
scones with milk and sprinkle
with sugar.

Bake in hot oven, 425°, 18 to
20 minutes.
Yield: 12 scones (3 rounds).

You get lighter, more
delicious baked goods
because Magic's steady,
even rising action brings
out all the best
in all your
ingredients.
Buy MAGIC
Baking Powder
today.

Costs less than
1¢ per average baking

Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Thursday and Friday, October 18th and 19th
Humphrey Bogart - Gene Tierney

"The Left Hand of God"

Drama - CinemaScope - Deluxe Color
ADMISSION PRICES 65c - 35c and 30c

Saturday and Monday, October 20th and 22nd
Jane Wyman - Charlton Heston

"LUCY GALLANT"

Drama - Vista Vision - Technicolor

Matinee Saturday at 2 p.m.

Chapter No. 6 of the Serial "BLACK ARROW"
at Matinee Only.

Tuesday and Wednesday, October 23rd and 24th
Rossana Podesta - Jack Sernas

"HELEN OF TROY"

Drama - CinemaScope - Warner Color
ADMISSION PRICES 65c - 35c and 30c

R
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Wednesday, Thursday, Friday, Saturday
October 17-18-19 and 20

Don't miss this 'penny' opportunity. Only during the Rexall Fall One Cent Sale can you get two regular size packages for the price of one, plus only 1c. Over 250 bargains to choose from. Be sure to get a copy of the big two-color Sale circular.

Typewriters, Typewriter Cases and Ribbons

Order Your Parts Here
and have your machine in good working order

COLEMAN PHARMACY

Coleman

Alberta

SALE On Towels

New shipment of the famous "Cannon" Towel in a large 22 x 44 size. Splendid quality of cotton terries at a very low price. They're fleece soft, and deep looped to soak up water. Shades of Green, Pink, Yellow and Blue. **A Pair \$1.55**

Boy's Hood Corvette Coats

Made of Charcoal Grey All Wool Fleece, with satin quilted lining, two roomy side patch pockets, fly front zipper, four toggle closure and wrist cuffs. Sizes 10 and 12 only. Regular \$10.95. **SPECIAL \$8.49**

Freeman's Ltd.

Main Street, Coleman

---Weddings---

WILKIE - WILSON

St. Alban's Church in Coleman was the scene of a very pretty autumn wedding recently when Miss Mary Margret Wilson, only daughter of Mr. and Mrs. Adam Wilson of Coleman, became the bride of James Gordon Wilkie, eldest son of Mr. and Mrs. James Wilkie of Creston.

Rev. Dykes performed the double ring ceremony before an altar banked with baskets of chrysanthemums. Mrs. Steve Penny provided the wedding music and during the signing of the register Mrs. Gwen Cousins sang a Wedding Prayer.

The bride, escorted by her father, chose a graceful lace bodiced ballerina-length gown, featuring lily-point sleeves and a multi-tiered nylon net skirt. Her chapel length veil was held by a lace halo which was trimmed with tiny seed pearls. Her only ornament was a tiny gold cross which was a gift from the groom. She carried a bouquet of red roses.

In contrast to the white bridal gown the attendant wore a pretty origin ballerina-length gown of pastel yellow with matching head dress and she carried a colonial bouquet complimentary to her gown. Carol D'Amica, cousin of the bride, attended as bridesmaid.

Little Sharon Wilson, of Bellevue, was flower girl. Leading the wedding procession she looked charming in a nylon blue and pink dress with matching headpiece. She carried a basket of autumn flowers.

Mr. Don Wilkie of Creston, brother of the groom, was best man. Keith Wilson and Donald Wilson were ushers.

For her daughter's wedding Mrs. Wilson wore a rosewood afternoon dress with white accessories. Mrs. Wilkie wore a navy blue dress with matching accessories. Each wore a corsage of pink and white carnations.

A reception followed at the Elks hall. The bride's table was centered with a three-tiered wedding cake banked with yellow mums. The toast to the bride was given

by Don Wilkie to which the groom responded. Telegrams of congratulations were read.

Out of town guests were from Victoria, B. C.; Brooks, Alberta; Calgary, Alberta; Bellevue, Alberta; Creston and Ponoka, Alberta.

The young couple will reside in Calgary after spending a honeymoon in several U. S. centres.

Window envelopes must now carry return address

According to a regulation contained in paragraph 410, item 4, of the Official Canadian Postal Guide all window envelopes should carry the return address on the outside of the envelope.

While some firms accomplish this by having the return address imprinted as part of the postage meter impression, this is undesirable from the Post Office viewpoint. They prefer that the return address be printed at the top left corner of the envelope.

The Senior Ladies Group of St. Paul's United Church will hold a

Hallowe'en

Pumpkin Pie Tea
in the Church Club Room

Friday, Oct. 26

from 2.30 to 5.30 p.m.

Tea and Pie 25c

The PRIZE QUILT made by the ladies will be on display during the afternoon.

- O - K -

RUBBER STAMPS

PROMPT SERVICE

The Coleman Journal

SHIRRIFF'S ORANGE MARMALADE — 24-oz. Jar 50c

SHIRRIFF'S GOOD MORNING MARMALADE — 24-oz. Jar 55c

SHIRRIFF'S CRAB-APPLE JELLY — 9-oz. Jar 38c

SHIRRIFF'S GRAPE JELLY — 9-oz. Jar 39c

A NEW LINE — EMPRESS BLUEBERRY JAM — 12-oz. Jar 43c

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FOR **BETTER SERVICE**
MORE SATISFACTION

B. C. McIntosh Apples

Buy them by the Box and Save. Good size and color. Have a Box on Hand for Hallowe'en. **HANDY-PAK BOXES \$2.39**

STRAWBERRY JAM. H. and P. Brand. It's Good. **\$1.29**
It's Pure. 2 pound Tin 75c. 4 pound Tin

PEANUT BUTTER — Squirrel 16-oz. Jar 45c

CREAMED HONEY — Alpha — Pure 2-lb. tub 69c

LEMON CHEESE — Nabob, Good on Toast 10½-oz. Jar 33c

INGERSOLL CHEESE SPREAD — 8-oz. Jar 35c 16-oz. Jar 59c

HONEY BUTTER — Cherry Hill, Plain or Cinnamon Flavor, 11-oz. Tub 45c

FLOUR---Ogilvies Royal Household. Packed in Pillow Case. 100 lb. sack for - \$6.69

MILK	COFFEE	TEA	TEA	SUGAR
All Brands Tall Tins	Koban Vacuum Packed Tin	Red Rose Orange Pekoe Tea Bags	Lipton's Orange Pekoe The Brisk Tea	B.C. Pure Cane Factory Filled
6 tins for 99c	per lb. \$1.17	Package of 60 79c	1-lb. pkg. \$1.29	5-lb. Sack 59c 10-lb. Sack \$1.05

- For Fresher Eggs, Try Mrs. Horn's - Fresh Supplies Daily -

Squirrel Peanut Butter — 4-lb. tin 99c	Tuna Fish — Solid white, Cloverleaf, per tin 45c
Mince Meat — Empress, it's good, 24-oz. jar 55c	Shrimps — Cloverleaf, small wet pack — tin 59c
Lard — Swift's Silverleaf, fresh, 2 lbs. 39c	Crab Meat — Skipper, per tin 55c
Potted Meats — Puritan, assorted 2 tins 33c	Tuna Fish — Crawford's light meat, per tin 29c
Ham and Turkey Spread — Puritan 2 tins 35c	Chicken — Boulter's Home Style, 8-oz. jar 89c 16-oz. jar \$1.69
Pork & Beans — Broder's Best, 15-oz. tins 2 for 25c	Half Chicken — For quick frying, each \$1.15
Pork & Beans — Campbell's, 20-oz. tins 2 for 53c	Whole Chicken — for quick frying, each \$1.85
Perky Dog Food 10 tins \$1.23	Chicken — Summerside jellied, per tin 55c
Gum — Spearmint or Doublemint — Carton \$1.05	Tuna Noodle Dinner — 6 ways to serve, tin 40c
Salmon — Cloverleaf, Red Sockeye, ½-lb. tin 53c	Vegetable or Tomato Soup—Campbell's 3 tins 45c
Salmon — Red Sockeye, Court Brand, ½-lb. tin 49c	Corn on Cob— Taste Tells, 28-oz. tin 29c
Corn Beef — Hereford, 12-oz. tin 47c	Tomato Juice — Libby's or Heinz, 20-oz. tins 2 for 39c
Smoked Oysters — Geisha 2 tins 57c	Green or Wax Beans — Fancy cut, 20-oz. tins 2 for 45c
Sausages — Burns' Campfire 14-oz. tin 55c	Corn — Fancy Cream style, 20-oz. tins 2 for 45c
Chopped Beef — Swift's Premium 45c	Peas & Carrots Mixed - Broder's Best 15-oz. tin 2 for 39c
Sirloin Tips with Gravy — Puritan — per tin 79c	Beets — Libby's Sliced, 20-oz. tin 27c
Meat Balls with Gravy — Puritan — per tin 49c	Green Lima Beans — Libby's, 15-oz. tin 27c

Extra Special--Johnson's Super Hard Gloss, Bonus Pack Tin, ¼ Extra Free, Quarts \$1.13

GRAHAM WAFERS	VANILLA WAFERS	CHOCOLATE PUFFS	NICE or CARAMEL CRUNCH COOKIES — Peak Peans	FIG BARS
Christies' or I.B.C.	Christies' Fresh	Paulin's, Just In		Paulin's Golden
Fresh, pkg. 35¢	package 29¢	package 45¢	pkg, each 29¢	Fresh, pkg. 43¢
Pineapple — Crushed or Tidbits, Dole Fancy 3 tins 50¢			Raspberries — Ferncliffe choice, 15-oz. tins ... 2 for 69¢	
Pears — Aylmer fancy Bartlett's, 15-oz. tins ... 2 for 55¢			Strawberries — Aylmer fancy, 10-oz. tins ... 2 for 39¢	
Peaches — Castle Crest, fancy, 15-oz. tins ... 2 for 49¢			Red Pitted Cherries — Choice, 15-oz. tins 29¢	
Peaches — Fancy Sliced, Libby's, 28-oz. tin 47¢			Bing Cherries — Choice, 15-oz. tin 31¢	